



# Welcome to the PRIDE Toolkit!

*a product of the Youth PRIDE Coalition (a Communities That Care project)  
and the Maternal Child Health Grant*

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The Denver community has come together to create this resource-filled toolkit in response to concerns raised by Denver LGBTQ+ youth. Youth have lived experiences that show how necessary it is for adults who work with queer youth to provide more informed, compassionate and affirming support.

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## **According to the 2021 Healthy Kids Colorado Survey (HKCS):**

**45% of high school queer\* Youth in Colorado have used alcohol, marijuana, pain medicine and/or illicit drugs in the last 30 days.**

(\*Queer is being used as an umbrella term to represent the LGBT young people who took the survey.)

**In Denver, Gay or Lesbian (22%) and bisexual high school youth (16%) are more likely to have actually attempted suicide one or more times during the past year than heterosexual youth (5%).**

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Together with LGBTQ+ youth, a group of committed adults from the Denver community created this comprehensive toolkit.

Thank you for taking the time to look through this resource and apply the information where you are able.

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***Youth asked us, as adults, to do better.  
We must.***

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*CW: This toolkit includes information about suicide, bullying, assault and other topics that may be upsetting.*

*Please take care of yourself while using this resource.*

**There are 3 sections to the PRIDE Toolkit:**

1. [Queer Youth Support Database](#)
2. [Strategies and Research: LGBTQ+ Youth Suicide and Bullying](#)
3. [Resources for Working with LGBTQ+ Youth](#)



## THE QUEER YOUTH TOOLKIT

### Section 1: Queer Youth Support Database

#### Queer Youth Support Database

This document provides a list of agencies/nonprofits/individuals/religious organizations/etc that are affirming and dedicated to supporting queer youth.

This database allows you to filter services by focus of resource, type of resource and resource name using filters available in Google Sheets. For more information on using Google Sheets, [click here](#).

The following types of resources are included on this list:

- Mental Health
- Medical
- Religious
- Grant Funded Programs
- Community Programs
- Housing Programs
- One-on-One Counseling
- Reporting Program
- Resource Program
- School Program

Also included:

- Grant Opportunities
- Prosocial Trainings for Adults

**Section 2:**  
**Strategies and Research:**  
**LGBTQ+ Youth Suicide and Bullying**

[This page](#) is dedicated to resources that are specific to Denver. Included are links to the following information:

- Menu of Strategies for addressing LGBTQ+ youth suicide and bullying in Denver
- Comprehensive research on LGBTQ+ youth suicide and bullying in Denver

**Section 3:**  
**Additional Resources for Working with LGBTQ+ Youth**

[This page](#) focuses on Colorado and national resources that offer information not included elsewhere in this toolkit. Included on this page (but not limited to):

- Basic LGBTQ+ Terms and Information
- Resources for Educators and Families
- LGBTQ+ Media Representation and Educational Sites

→ **We would love to connect with you!** ←

If you have comments, questions or additions for the toolkit,  
reach out to us at  
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