



# CORNERSTONE PROGRAMS



## COMMUNITY COUNSELING SERVICES

### Creating Futures with Kids and Families by Building Solid Foundations Together!

Cornerstone Programs has offered services for at-risk youth since 1998. We have expanded to add our Community Counseling Services program, offering prevention services for children, youth and families through **Intensive In-Home Services**.

#### Intensive In-Home Services

Each family is paired with a treatment team, consisting of a mental health therapist and a family behavior coach. This is a unique opportunity for families to be served in their community with a supportive and integrated team approach.

Our treatment teams serve families with children and youth ages 3-17 who are struggling with serious emotional challenges. They develop treatment plans, in conjunction with the family and other professionals, that are developmentally appropriate and individualized for the needs of the family. The team works within the community, including consultation with the child or youth's school, when appropriate.

The goal of the treatment team is to assist the family with stabilization, regulation, parenting skills, conflict resolution and more; in order to help families develop tools to become successful, thereby preventing out-of-home placement.

#### What we offer:

- ▶ Behavioral Health Screening
- ▶ Diagnostic Evaluation and Assessment
- ▶ **24/7 Crisis Support**
- ▶ Individual Therapy
- ▶ Family Therapy
- ▶ Targeted Case Management

Levels of service range from moderate (approximately 4 hours in the home each week) to high (approximately 8 hours in the home each week). "We meet families where they're at" and because of this, we offer services on weekends and evenings, when families are available, at those key times when they are needing intervention. We anticipate the service duration to be 6-9 months, depending on the needs of the family, as well as the referral and funding sources.

**We are now offering Virtual Intensive In-Home Services for families who may not have access to in-home services in their communities.**

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## Trauma-Informed Care

Cornerstone's Community Counseling Services program is led by our Clinical Director, Kirk Ward, LCSW, and ChildTrauma Academy Fellow. Kirk brings with him over 35 years of experience, working in child and adolescent mental health and trauma. He trains our staff in the **Neurosequential Model of Therapeutics™**, a trauma-informed approach developed by Dr. Bruce Perry, as well as other models.

Cornerstone Programs Community Counseling Services credentials include:

- ▶ Licensed by the Colorado Department of Public Health and Environment as a Behavioral Health Entity.
- ▶ Medicaid Provider
  - Colorado Access
  - Colorado Community Health Alliance (CCHA)
- ▶ CHP+ Provider
  - Colorado Access
- ▶ Contracted with Signal Behavioral Health for Child and Youth Mental Health Treatment Act (CYMHTA) services



For more information on our program, and to read more about our providers, please see our website at:

[CornerstonePrograms.com/Colorado](https://www.cornerstoneprograms.com/Colorado)

and our Facebook page at:

[www.facebook.com/cornerstoneprogramsccs](https://www.facebook.com/cornerstoneprogramsccs)

To make a referral email:

[ccsintake@cornerstoneprograms.com](mailto:ccsintake@cornerstoneprograms.com)

### Cornerstone Programs Community Counseling Services

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**FAMILIES COME IN  
MANY DIFFERENT  
SHAPES AND SIZES.  
CORNERSTONE  
CCS WORKS  
WITH ADOPTIVE,  
KINSHIP, FOSTER  
AND BIOLOGICAL  
FAMILIES.**