



Passive Consent for Prevention and Therapeutic Services School Year 2024-2025

The Denver Public Schools Department of Mental Health implements several well-vetted curricula throughout the district via school-based mental health teams. The overarching goal of this work is to maximize student access to substance use prevention and social-emotional learning opportunities and interventions in DPS schools.

ONLY COMPLETE /SIGN THIS DOCUMENT/CHECK THE BOX IF YOU DO NOT WANT YOUR CHILD TO PARTICIPATE.

Please contact Maria Hite, LCSW, Social Worker on the Substance Use Prevention Team, at maria_hite@dpsk12.net with any questions. Applicable interventions will be offered during the 2024-25 school year. The relevant pre/post questionnaires listed on page 3 of this document will be given within 30 days of both the start and end date of the identified intervention.

Below are descriptions of the programs that your student's school will be using through this school year. Please note not every class will receive prevention programming. The Substance Use Prevention Specialist collaborates with teachers throughout the school year to facilitate one or more of the prevention programs from the list below.

EverFI (Designed for grades K-12)

Everfi is a digital platform that empowers educators to bring in real-world learning to the classroom and equip students with the skills they need for success now and in the future. Everfi focuses on Whole Child Education with over 40+ turnkey, interactive courses. All lessons are aligned with the U.S. academic standards. Everfi has built high-quality learning resources on topics such as, STEM, Financial Literacy, Social Emotional Learning, Health & Wellness, Substance Use Prevention, and many more.

Catch My Breath (Designed for grades K-12)

Catch My Breath's peer-led teaching approach empowers students with the knowledge and skills needed to make informed decisions about e-cigarettes and resist social pressures to vape. Informed by tobacco youth prevention researchers and practitioners, years of real-world implementation, and a youth advisory board, it is the only school-based vaping prevention program proven to reduce the likelihood of vaping among youth.

Not Prescribed (Designed for grades 6-12)

Not Prescribed is a one-session classroom-based lesson developed by Rise Above Colorado. The focus is on empowering teens with the science and true stories to understand the risks of misusing prescription drugs along with the tools and resources to manage their own health and advocate for their peers' wellbeing. Topics covered include both the appropriate use and misuse of prescription drugs, impacts on the developing brain, addiction, and overdose risk factors, and healthy decision-making.

Stanford Vaping (Designed for grades K-12)

This program is a theory-based and evidence-informed resource created by educators and researchers aimed at preventing school students' use of tobacco, nicotine, marijuana, and vaping products.

Botvin LifeSkills (Designed for grades 3-12)

The Botvin LifeSkills program uses developmentally appropriate, collaborative learning strategies to help students achieve competency in the skills that have been shown to prevent substance use, violence, and other health risk behaviors. LifeSkills Training is comprehensive, dynamic, and developmentally designed to promote mental health, social-emotional (SEL) skills and positive youth development.

Upstream (Designed for grades 3-12)

Upstream Education equips educators with a curriculum of concrete tools to help their students reduce stress and strengthen resilience.

To assess the efficacy of the interventions listed above and refine our programming accordingly, we use a modified version of the Substance Abuse and Mental Health Services Administration's National Outcome Measures (NOMs) *for grades 6-12 only*. This pre and post measure includes questions about student substance use over the preceding 30 days, their perceptions of harm related to the use of various substances, and the influence of information they receive over the course of the intervention. Responses are de-identified to be completely anonymous. The NOMs will take students approximately 10 minutes to complete.

For students in grades ECE-5, the Prevention Assessment of Program Outcomes (PAPO) is administered as a pre and post-measure. The PAPO does not include questions about substance use, but instead inquires more broadly about the student perceptions of their educational engagement, social support, and interpersonal skills. These responses are also de-identified and anonymous.

At your request, you may review a copy of either questionnaire.

Parent/Guardian Opt Out:

*You only need to sign and send this form back if you **DO NOT** want your child to participate in the above programs you have check marked.

I have read (or had read to me) the contents of this information form and been given the opportunity to ask questions and receive answers. **I am choosing to opt out and do not want my child to participate in the above check marked programs. Please return signed copy to front office.**



DENVER
PUBLIC
SCHOOLS

Mental Health

Child's Name (Please print): _____

Parent/Guardian's Name (Please print): _____

Parent/Guardian's Signature: _____

Date: _____