

**Hamilton**  
**Lunch (Traditional Lunch), October - 2022**

| <b>3</b><br><b>Monday</b>                                                                                                                                                                              | <b>4</b><br><b>Tuesday</b>                                                                                                                                                                                                                                                                                                                                  | <b>5</b><br><b>Wednesday</b>                                                                                                                                                                | <b>6</b><br><b>Thursday</b>                                                                                                                                                                                                                                                                                                                           | <b>7</b><br><b>Friday</b>                                                                                                                                                                                                           |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>ENTREE</b><br>Chorizo Mac Cheese (Gr 6-12)<br>Mac & Cheese<br>Peanut Butter & Jelly Sandwich<br>Turkey Ranch Wrap (Gr 6-12)<br>WOW Butter & Jelly Sandwich (Peanut-Free)                            | <b>ENTREE</b><br>Black Jack Cheese Pizza (Gr 6-12)<br>Black Jack Green Pepper & Mushroom Pizza (Gr 6-12)<br>Black Jack Pepperoni Pizza (Gr 6-12)<br>Black Jack Sausage Pizza (Gr 6-12)<br>Cheese Quesadilla<br>Chicken Quesadilla<br>Mexican Chopped Salad (Gr 6-12)<br>Yogurt Basket with Fresh Baked Blueberry Muffin                                     | <b>ENTREE</b><br>Peanut Butter & Jelly Sandwich<br>Penne with Marinara Sauce<br>Penne with Meat Sauce<br>Spicy Chicken Sandwich (Gr 6-12)<br>WOW Butter & Jelly Sandwich (Peanut-Free)      | <b>ENTREE</b><br>Black Bean Burger<br>Black Jack Cheese Pizza (Gr 6-12)<br>Black Jack Green Pepper & Mushroom Pizza (Gr 6-12)<br>Black Jack Pepperoni Pizza (Gr 6-12)<br>Black Jack Sausage Pizza (Gr 6-12)<br>Crispy Chicken Sandwich<br>Yogurt Basket with Cinnamon Pita Crisps                                                                     | <b>ENTREE</b><br>Broccoli & Cheese Baby Baked Potatoes<br>Peanut Butter & Jelly Sandwich<br>Pulled BBQ Pork Sandwich<br>Turkey Chef Salad (Gr 6-12)<br>Vegetarian Chef Salad (Gr 6-12)<br>WOW Butter & Jelly Sandwich (Peanut-Free) |
| <b>10</b><br><b>Monday</b>                                                                                                                                                                             | <b>11</b><br><b>Tuesday</b>                                                                                                                                                                                                                                                                                                                                 | <b>12</b><br><b>Wednesday</b>                                                                                                                                                               | <b>13</b><br><b>Thursday</b>                                                                                                                                                                                                                                                                                                                          | <b>14</b><br><b>Friday</b>                                                                                                                                                                                                          |
| <b>ENTREE</b><br>Beef Nachos<br>Cheese Nachos<br>Cheeseburger (Gr 6-12)<br>Yogurt Basket with Fresh Baked Blueberry Muffin                                                                             | <b>ENTREE</b><br>Black Jack Cheese Pizza (Gr 6-12)<br>Black Jack Green Pepper & Mushroom Pizza (Gr 6-12)<br>Black Jack Pepperoni Pizza (Gr 6-12)<br>Black Jack Sausage Pizza (Gr 6-12)<br>Buffalo Chicken Salad (Gr 6-12)<br>Country Chicken Bowl<br>Grilled Cheese Sandwich<br>Peanut Butter & Jelly Sandwich<br>WOW Butter & Jelly Sandwich (Peanut-Free) | <b>ENTREE</b><br>Homemade Cheese Pizza<br>Homemade Pepperoni Pizza<br>Nashville Hot Boneless Wings (Gr 6-12)<br>Peanut Butter & Jelly Sandwich<br>WOW Butter & Jelly Sandwich (Peanut-Free) | <b>ENTREE</b><br>Black Jack Cheese Pizza (Gr 6-12)<br>Black Jack Green Pepper & Mushroom Pizza (Gr 6-12)<br>Black Jack Pepperoni Pizza (Gr 6-12)<br>Black Jack Sausage Pizza (Gr 6-12)<br>Italian Sub Sandwich<br>Italian Veggie Sub Sandwich<br>Yogurt Basket with Cinnamon Pita Crisps                                                              | <b>ENTREE</b><br>Charro Beans<br>Chicken Caliente<br>Chili Cheese Fries (Gr 6-12)<br>Peanut Butter & Jelly Sandwich<br>WOW Butter & Jelly Sandwich (Peanut-Free)                                                                    |
| <b>17</b><br><b>Monday</b>                                                                                                                                                                             | <b>18</b><br><b>Tuesday</b>                                                                                                                                                                                                                                                                                                                                 | <b>19</b><br><b>Wednesday</b>                                                                                                                                                               | <b>20</b><br><b>Thursday</b>                                                                                                                                                                                                                                                                                                                          | <b>21</b><br><b>Friday</b>                                                                                                                                                                                                          |
| <b>ENTREE</b><br>Bean & Cheese Burrito<br>Beef & Cheese Burrito<br>Cheeseburger (Gr 9-12)<br>Peanut Butter & Jelly Sandwich<br>WOW Butter & Jelly Sandwich (Peanut-Free)                               | <b>ENTREE</b><br>Black Jack Cheese Pizza (Gr 6-12)<br>Black Jack Green Pepper & Mushroom Pizza (Gr 6-12)<br>Black Jack Pepperoni Pizza (Gr 6-12)<br>Black Jack Sausage Pizza (Gr 6-12)<br>Cheesy Bread Stick w/ Marinara K8<br>Crispy Chicken Salad (Gr 6-12)<br>Yogurt Basket with Cinnamon Pita Crisps                                                    | <b>ENTREE</b><br>Crispy Chicken Sandwich (Gr 6-12)<br>Meat Lasagna<br>Peanut Butter & Jelly Sandwich<br>Spinach Lasagna<br>WOW Butter & Jelly Sandwich (Peanut-Free)                        | <b>ENTREE</b><br>All Beef Hot Dog<br>Black Jack Cheese Pizza (Gr 6-12)<br>Black Jack Green Pepper & Mushroom Pizza (Gr 6-12)<br>Black Jack Pepperoni Pizza (Gr 6-12)<br>Black Jack Sausage Pizza (Gr 6-12)<br>Chili Dog (Gr 6-12)<br>Garden Chili<br>Yogurt Basket with Fresh Baked Blueberry Muffin                                                  | <b>ENTREE</b><br>Chicken à la King<br>Cuban Sandwich (Gr 6-12)<br>Peanut Butter & Jelly Sandwich<br>Vegetarian Chef Salad<br>WOW Butter & Jelly Sandwich (Peanut-Free)                                                              |
| <b>24</b><br><b>Monday</b>                                                                                                                                                                             | <b>25</b><br><b>Tuesday</b>                                                                                                                                                                                                                                                                                                                                 | <b>26</b><br><b>Wednesday</b>                                                                                                                                                               | <b>27</b><br><b>Thursday</b>                                                                                                                                                                                                                                                                                                                          | <b>28</b><br><b>Friday</b>                                                                                                                                                                                                          |
| <b>ENTREE</b><br>Beef Taco (1) (Gr PK-3)<br>Beef Tacos (2) (Gr 4-12)<br>Chorizo Crunchy Tacos (Gr 6-12)<br>Peanut Butter & Jelly Sandwich<br>Veggie Tacos<br>WOW Butter & Jelly Sandwich (Peanut-Free) | <b>ENTREE</b><br>Black Jack Cheese Pizza (Gr 6-12)<br>Black Jack Green Pepper & Mushroom Pizza (Gr 6-12)<br>Black Jack Pepperoni Pizza (Gr 6-12)<br>Black Jack Sausage Pizza (Gr 6-12)<br>Chicken Nuggets<br>Roasted Red Pepper Hummus Bowl With Spiced Pita Crisps<br>Yogurt Basket with Fresh Baked Blueberry Muffin                                      | <b>ENTREE</b><br>Alfredo Pasta<br>Chicken Alfredo<br>Crispy Chicken Sandwich (Gr 6-12)<br>Peanut Butter & Jelly Sandwich<br>WOW Butter & Jelly Sandwich (Peanut-Free)                       | <b>ENTREE</b><br>Black Bean Burger<br>Black Jack Cheese Pizza (Gr 6-12)<br>Black Jack Green Pepper & Mushroom Pizza (Gr 6-12)<br>Black Jack Pepperoni Pizza (Gr 6-12)<br>Black Jack Sausage Pizza (Gr 6-12)<br>Cheeseburger<br>Peanut Butter & Jelly Sandwich<br>WOW Butter & Jelly Sandwich (Peanut-Free)<br>Yogurt Basket with Cinnamon Pita Crisps | <b>ENTREE</b><br>Broccoli & Cheese Baby Baked Potatoes<br>Meatloaf<br>Peanut Butter & Jelly Sandwich<br>Spicy Grilled Cheese Sandwich (Gr 6-12)<br>WOW Butter & Jelly Sandwich (Peanut-Free)                                        |
| <b>31</b><br><b>Monday</b>                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                     |
| <b>ENTREE</b><br>Chorizo Mac Cheese (Gr 6-12)<br>Mac & Cheese<br>Peanut Butter & Jelly Sandwich<br>Turkey Ranch Wrap (Gr 6-12)<br>WOW Butter & Jelly Sandwich (Peanut-Free)                            |                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                     |

This institution is an equal opportunity provider.