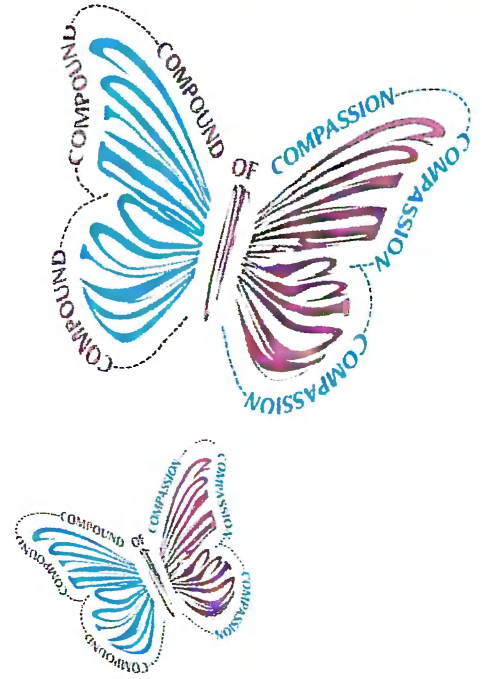


YOUTH THRIVE

Mental Wellness

These classes are designed to promote healthy development and well-being among youth.



YOUTH AND ADULT TRAININGS!

ADULTS 3 (2-HOUR CLASSES)

YOUTH 4 (2-HOUR CLASSES)

BLACK FAMILY ENGAGEMENT
Family and Community
Engagement

Youth Thrive Framework's

5 Protective & Promotive Factors:

- Youth Resilience
- Social Connections
- Knowledge of Adolescent Development
- Concrete Support in Times of Need
- Cognitive and Social-Emotional Competence



**Express your
interest here!**

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